

Post Peel Instructions for Glycolic & Mandelic Facial Peel

Although side effects from the Glycolic or Mandelic Chemical Facial Peel procedures are minimal, it is best to follow a few simple guidelines:

- Generally, make-up can be applied immediately after treatment.
- Patients should avoid exercise for at least a few hours after each procedure.
- Patients should avoid direct sun exposure. A sunscreen with an SPF 15 or higher should be used daily.
- Patients should wait one day after each treatment before resuming any glycolic acid based home care products. Patients experiencing irritation should discontinue any home care products with glycolic, until skin is normalized.
- Patients should not use Retin-A or any similar Vitamin A compound for at least 48 hours after treatment.
- Immediately after the peel, it is not uncommon for patients to experience temporary skin dehydration ranging from mild dryness to slight crusting. In addition, some temporary discoloration may occur.
- Facial hair should not be waxed for at least 48 hours.

Please feel free to call Aesthetic Medicine if you have any further questions, 586-9229